

Climb Nova Scotia Level 2 Instructor Requirements

Climb Nova Scotia is mandated to provide safe and knowledgeable climbing practices to the climbing community. It is the intention of this organization to prepare and ensure a quality of Instructor training and certification, ensuring safe Introductory level climbing skills to climbers and potential climbers participating in this recreation.

The following information contains the required skills and knowledge to become a certified Climb Nova Scotia Level 2 Instructor. Each of the following criteria is described in detail and a short form checklist is available in Appendix 2. It is recommended that the candidate use this list to properly prepare for the examination with Instructors.

Criteria and Description

Completion of and maintained Climb Nova Scotia Level 1 Instructor Certification .

Candidates must have completed the Climb Nova Scotia Level 1 certification and continued to maintain the certification. Equivalency from outside certifying bodies will be considered.

3 references confirming climbing skill and experience as outlined in the logbook requirement for Level 2 certification.

The applicant will print the Level 2 Instructor Reference Form (Appendix 1), get their references to sign it, and present it at the certification exam. Alternatively, a signed note to the same effect from a reference will also be accepted. References must include either a phone number or email address in case CNS and/or its designated examiner wish to verify the reference.

Climbing Logbook outlining the following skills and in the following format:

- A minimum of 50 climbed routes within the past 5 years, including;
- 10 different traditional style routes of 5.7 or harder and must be redpointed on lead.
- 10 different sport routes of 5.10a or harder grade that must be redpointed on lead.
- The remaining routes (30+) can be completed in top rope or lead with falls.

Please list in chronological order from more recent to furthest in the past.

Logbook format:

#	Date	Route Name	Grade	Style –(TR, L, RP) Sport/Trad	Location	Belayer
1.	June 2, 2008	Sea with Joy	5.8	RP – trad	Terence Bay, NS	Jane Doe
2.	May 30, 2008	Joint Venture	5,10c	RP - Sport	Cochrane Lane, Welsford, NB	Jane Doe



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Current Standard First Aid Certification

The applicant will provide a photocopy of the First Aid certification document. The course may be taken after the instructor certification exam, but must be submitted with the exam results when registering the Level 1 Instructor certification with CNS.

A valid driver's license or birth certificate verifying age of over 18 years.

The applicant will provide a photocopy of their ID to be submitted with the exam results when registering the Level 2 Instructor certification with CNS.

Demonstrate the ability to climb sport lead 5.10 routes.

During the exam (see Level 2 Exam Checklist, Appendix 2) the applicant should climb a route designated by the certified examiner without falling off. They may attempt a second or third route/problem if they fail to climb the first one. This provides the certified examiner with an opportunity to see the applicant climb and to judge their skill level. If the certified examiner is not confident in the demonstrated skill level of the applicant they may end the exam at this point.

Demonstrate the ability to lead climb traditional 5.7 routes.

Demonstrate the ability to lead single pitch 5.7 traditional style route in under one hour from commencing the climb to being prepared to belay the second. The applicant is responsible to place the appropriate protection during the climb and prepare the belay anchors at the top. Redpoint ascent is not required. Aid climbing is not acceptable. The participant may select the route for this requirement from those in the immediate area of the course/session.

Demonstrate the ability to safely lead a group.

The candidate must facilitate the instruction and management of a group of between 8 - 12 participants and 1 assistant instructor for a 2 hour Introduction to Outdoor Climbing Clinic, or similar instructional event. The candidate will be assessed for his/her ability to manage risk, provide accurate instruction including how to put on a harness correctly, tie into the rope with a figure 8 rethreaded and use a friction belay device.

Demonstrate a transformational style of leadership.

The candidate will follow the model of transformational style leadership, using the clinic as an opportunity to demonstrate the ability to meet the Task needs, the individual needs and sustain a healthy relationship with the assistant instructor and the clinic participants. This includes increasing the comfort of participants in the climbing area throughout the day, ensuring the required skills are introduced and practiced, identifying and incorporating the strengths within the instructor team for program delivery and group development.



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Develop and execute a rescue plan.

During a simulated rescue, the candidate will plan and execute an emergency response to a situation. Scenarios may include the need to conduct first aid procedures, escape a belay, safely lead the group away from the site and communicate with rescue services or the carry of a victim from a site.

Demonstrate safe site management & group leadership. (This includes assessing site risk and preparing participants to prevent injury or accident).

The candidate will be assessed on their ability to communicate safe practices at the site, enforce rules and manage safety practices, (wearing helmets, safe distances from the edge of the cliff, safe belaying positions, safe communication and preparation for unexpected risks including rock fall).

Successful completion of a recognized certification.

The Level 2 Exam Checklist in Appendix 2 Appendix 2 should be used by the certified examiner to record the applicant's performance and to make sure each item has been tested. The items above describe how to test the items on the checklist and what information the instructor should be looking for from the applicant. The applicant should be able to give more detail than is listed above. Some flexibility is allowable in how these tests are implemented, but the certified examiner must be sure of the applicant's ability before signing off on any item in the checklist. The certification cannot be registered with CNS until a passing grade has been attained on all items. Critical items, marked with an *, must receive a pass, (P); items characterized with a ^ require a P or competent (C) to pass. At the discretion of the examiner, items receiving a fail (F) can be retested at a later date, but no later than 3 months from the initiation of the testing, by the same examiner, or the applicant can be made to take the exam again. When retesting individual items the examiner should initial and mark the new score and the date in the margin beside the item.

CNS Certification Disclaimer

A CNS Certification is intended to be a credible reference to verify that an instructor has demonstrated a specified level of knowledge and experience, for the benefit of those who do not know the instructor well enough, or are not qualified, to gage the instructor's level of knowledge and experience for themselves. CNS certifies that through a formal examination, or through an examination of credentials, the Board has satisfied itself that the instructor has sufficient knowledge and understanding of the skills and techniques necessary to teach and operate within the restrictions of the specified certification. CNS does not certify or guarantee the actions of any individual. Climbing (and bouldering are) ? isa potentially hazardous activity carrying a significant risk of personal injury or death, and should be undertaken with a full understanding of all inherent risk. CNS retains the right to revoke or suspend a CNS certification if there is sufficient evidence that an instructor is acting irresponsibly while in the role of a climbing instructor, or if the Board suspects a degradation of knowledge such as might occur during a long hiatus from climbing.



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Reference 2:

I _____ have observed the applicant _____ climb and would be confident enough in this person's abilities to have them guide me on routes up to 5.7 level trade while climbing outside. I feel comfortable sport climbing up to 5.10 or harder level with this person. I have known the applicant for ___ years and have climbed approximately ___ no. of *routes / boulder problems* with the applicant in the following locations and climbing styles:

Signature of reference: _____ Date: _____

Phone number or reference: _____ Email: _____

Reference 3:

I _____ have observed the applicant _____ climb and would be confident enough in this person's abilities to have them guide me on routes up to 5.7 level trade while climbing outside. I feel comfortable sport climbing up to 5.10 or harder level with this person. I have known the applicant for ___ years and have climbed approximately ___ no. of *routes / boulder problems* with the applicant in the following locations and climbing styles:

Signature of reference: _____ Date: _____

Phone number or reference: _____ Email: _____



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CNS LEVEL 2 CHECKLIST

Applicant's Name _____ Exam date: _____

Examiner's Name _____ Site of test _____

** Requires a P to pass.*

P - *This indicates the candidate demonstrated the required*

C - *The candidate was able to demonstrate the skill once offered suggestion or clues.*

F - *This item will have to be retested with a passing grade before the certification can be registered. Multiple failed items may require that the entire exam be re-taken.*

- Climb Nova Scotia Level 1 Certification.*
- 3 references.*
- Current Standard First Aid Certification*
- ID verifying the candidate's age of over 18 years.*
- Demonstrate the ability to redpoint sport lead 5.10 routes.*
- Demonstrate the ability to complete a 5.7 traditional style ascent.*
- Introduced required skills safely and accurately.*
- Effectively incorporated the skills of participants and the assistant instructor.*
- Effectively responded to individual needs.*
- Maintains participant interest and participation.*
- Demonstrate safe site management & group leadership. *

Testimonial:

I _____ have examined this applicant in each aspect of the Climb Nova Scotia Basics Instructor exam and have found the applicant to be competent in the skills required for a CNS Level 1 Instructor. I hereby certify that this applicant is competent to be a CNS Basics Instructor and operate within the restrictions of this role.

Examiner: _____ Date: _____

Instructor certification is valid for a period of 3 years from the date of certification. To maintain Instructor certification, candidates are required to submit a logbook and 3 references reflecting climbing and instructional experience during the 3 years of certification. These references will attest to your continued personal climbing skills and activity and or your instructional activity. All Instructors are required to maintain standard First Aid Certification and an active Climb Nova Scotia Membership.

